



NEWS RELEASE

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FOR IMMEDIATE RELEASE

5th Annual Bike to Work Day set for May 18th

SPRINGFIELD, OH (April 26, 2018) — Springfield's 5th annual Bike to Work Day will take place Friday, May 18, from 7 a.m. to 8:30 a.m. on the City Hall Plaza.

Attendees of the 2018 Bike to Work Day have a chance to take part in a free fitness class offered by the proprietor of a local gym.

Alexis Fourman, owner of Springfield Health & Fitness, will offer a free fitness class as part of the day's festivities.

Bike to Work Day is an occasion to promote cycling as a mode of transportation. Attendees can enjoy music by DJ Chill, free food from Tropical Smoothie Cafe, and enter a raffle for a chance to win a bike and other prizes.

Sponsors of the event include Ohio Valley Surgical Hospital, Bike Springfield, Clark Schaefer Hackett, Lee's Famous Recipe, Buckeye Sports Lodge, and Springfield Health & Fitness.